

Swim Bike Run

Let's Have Some Fun!

Clinton Swim & Tennis Club's 2nd Annual Kids Triathlon.

Saturday July 19, 2014

Swim Towel/Goodie Bag pick-up & same day registration 10:00-10:45

Shark Course 11:00 with Dolphin following

For all children 12 and younger.

Join us for Pizza afterwards!

Dolphin Course:

Swim 25 meters

Bike 200 meters

Run 200 meters

Shark Course:

Swim 75 meters

Bike 400 meters

Run 300 meters

Dolphin Only: adult may assist with swim or have swim device such as noodle

Tricycles are welcome

Register by July 8th to receive Swim Towel & Goodie Bag!

Name: _____ Course: please circle course

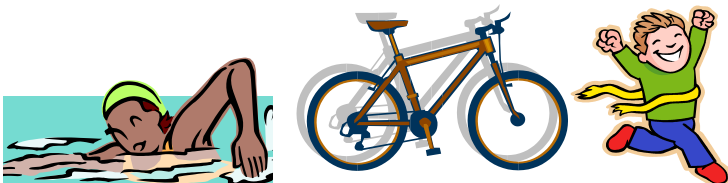
Address: _____ Dolphin Shark

Phone: _____ Age: _____

Member \$10 Non-Member \$15 Parent Signature: _____

All participants must run in gym shoes and have a bike helmet.

In consideration of acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge the Clinton Swim and Tennis club, officials, volunteers and sponsors from all claims of damage, demands or actions whatsoever in any manner arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event, I am physically fit and I have sufficiently trained to participate.



Drop entry form off at pool or mail to
Clinton Swim & Tennis Club's Kids Tri
414 Hawthorn Drive
Wilmington, OH 45177